

Speaker Biographies for

METREX Lisbon e.Conference – 1 July 2020



DR. NICOLA SCHELLING, is elected Regional Director of the Stuttgart Region and President of METREX since 2014. Before taking her current office, she was Head of the Representation of the State of Baden-Württemberg to the EU in Brussels. Prior to that, she managed the Department of Cross-border and Interregional Cooperation at the State Ministry of Baden-Württemberg and worked as a National Expert at the European Commission in Brussels. Dr. Nicola Schelling studied Law in Marburg and Paris and started her career as a judge.



FERNANDO MEDINA, President of Lisbon Metropolitan Area and Mayor of Lisbon. Has a Degree in Economics by the Faculty of Economics of the University of Porto and a Master's Degree in Economic Sociology by the School of Economics and Management from de University of Lisbon. He was Secretary of State for Industry and Development from 2009 to 2011, and Secretary of State for Employment and Vocational Training from 2005 to 2009. From 2011 to 2013 he was a member of the Portuguese Parliament, serving namely in the Budget and Finance Commission. He also was Adviser to the Chairman of the Portuguese Investment Agency, Adviser to the Prime Minister on Education, Science and Technology, Member of the Ministry of Education Working Group of the Portuguese Presidency of the European Union.



CARLOS HUMBERTO DE CARVALHO, First Metropolitan Secretary of the Executive Committee of the Lisbon Metropolitan Area since 2017, did his secondary studies at the Commercial and Industrial School. He attended the General Accounting Course at the Commercial Institute of Lisbon. He was elected deputy at the Barreiro Municipal Assembly from 1993 to 2005. He assumed the presidency of the Barreiro City Council, on October 27, 2005, where he remained until 22 October 2017. He was part of the Intermunicipal Assembly of the Association of Municipalities of the Setúbal Region and the Intermunicipal Water Association of the Setúbal Peninsula, the Municipal Health Observatory, the Municipal Water Observatory, the Municipal Youth Council, the Municipal Security Council, Local Council of Social Action of Barreiro, Municipal Council of Associativism, Municipal Council of Education, Municipal Council for Urban Rehabilitation, Local Council of Mobility, Local Council on Climate Change. He was President of the Regional Economics Commission, from 2006 to 2009, was a member of the General Council of the Metropolitan Transport Authority of Lisbon, was an effective member of the Strategic Advisory Committee of POR Lisboa.



FILIFE FERREIRA, MA in Economics and Public Policies from ISCTE- University Institute of Lisbon. Has worked in several municipalities from Lisbon Metropolitan Area (LMA) in Social Cohesion, International Relations and EU projects. Since 2014 is working at LMA as Metropolitan Secretary and its main areas of interest are territorial planning, EU funding, training, economic development and public procurement. He is now co-coordinating the LMA 2030 Regional Strategy and is LMA focal point regarding ESPON METRO consortium.



SÉRGIO BARROSO, Geographer and Urbanist, Ms in Regional and Urban Planning, Director of the Center for Studies and Regional and Urban Development (CEDRU), since 2001, and specialist in the areas of spatial planning and climate change adaptation, urban and strategic planning and evaluation of public policies.

Was the coordinator of the Climate Change Adaptation Plan of the Metropolitan Area of Lisbon and the coordinator of several other inter-municipal and municipal plans of adaptation, in the last five years. Was, also, the coordinator of the studies for creating the Municipalities Network to Climate Change Local Adaptation.

Was a consultant of the Regional Spatial Plan of the Metropolitan Area of Lisbon, and the coordinator of coastal management programs and spatial plans of reservoirs and lagoons.



FREDERICO METELO, Senior Technician at the Lisbon Metropolitan Area. Degree in Geography and Regional Development by the Lusophone University of Humanities and Technologies of Lisbon. Postgraduate in Sustainable Cities from the Faculty of Science and Technology (FCT), Universidade Nova de Lisboa.

Experience and technical skills in the areas of geography, climate change, regional and urban planning and geographic information systems. He has more than 16 years of professional experience in the development of strategic planning projects, land use planning, rural and urban development, urban and environmental regeneration and requalification, adaptation to climate change and technical and operational management of geographic information systems. national and international level

As collaborated in the implementation of the training and technical training component of the ClimAdaPT.Local project (integrated in the AdaPT Program - Adapting Portugal to Climate Change), under which he was responsible for the design and production of training facilities and the organization, implementation and

moderation of several workshops regional and national projects.

He integrated the technical teams, in the area of training, communication and awareness, of the CEDRU / IGOT-UL / WE CONSULTANTS consortium responsible for the elaboration of the 'Intermunicipal Plan for Adaptation to Climate Change of Viseu Dão Lafões', of the 'Intermunicipal Plan for Adaptation to Changes' Climate of the Central Alentejo ', the 'Intermunicipal Plan for Adaptation to Climate Change in the West 'and the' Municipal Plan for Climate Action in Loulé ', also technically supporting the team of experts in the area of agriculture and forests' referring to the same Plans.

More recently, he coordinated the training and communication component of the 'Metropolitan Plan for Adaptation to Climate Change in the Lisbon Metropolitan Area'; the Municipal Plans for Adaptation to Climate Change in the municipalities of Loures and Odivelas; the 'actions to publicize and disseminate the geographic information project to support adaptation to climate change in the Alentejo Central (SIG-GO Project)'; and 'communication and awareness actions on climate change with the school community of Viseu Dão Lafões'.

Currently he is part of the technical team of the Metropolitan Area of Lisbon, being responsible for the 'implementation of the PMAAC-AML information management, monitoring and follow-up system'.



DUARTE MATA, Landscape Architect since 2000 from Lisbon University, he has worked for years on several landscape plans and as project designer. At Lisbon Municipality since 2007, he's directly related with public policy for green infrastructure including NBS (nature based solutions) for climate adaptation. In addition to the role as head of cabinet of the Deputy Mayor for Environment, Green Infrastructure, Climate and Energy since 2015, he's connected to the European Green Capital Award as well as with LIFE LUNGS for climate adaptation in green infrastructure and the recently approved CONEXUS H2020 project.



SILVIA WEIDEBACHER, is Landscape Architect and Senior Landscape Planner in the planning department of Verband Stuttgart Region. Her key responsibilities are green infrastructure planning on regional level and strategic planning related to adaption to climate change, including the management of European and national funding projects.

Silvia Weidenbacher studied Landscape Planning and International Landscape Architecture in Nürtingen, Freising and Rapperswil (Switzerland).



MAARIA PARRY, is a Climate Specialist at Helsinki Region Environmental Services (HSY). This year she is temporarily working as the Head of the Climate Change Unit, in which position she is leading a team of ten professionals advancing climate change mitigation and adaptation and circular economy in the region. Her duties include the coordination of a new urban sustainability programme for the Helsinki metropolitan region. The focus of her work at HSY is in climate change adaptation, which she finds an intriguing challenge, as it requires understanding of both natural hazards and social vulnerability. Parry holds M.Sc. in Environmental Sciences and M.A. in Human Geography.



IGNACIO DE LA PUERTA, Master in Architecture from the School of Architecture of Madrid in the specialty of Building (1983), is a “Graduate in Urban Law”, specialist in “Building, Renovation and Sustainable Urban Planning” as well as “Civil and Commercial Mediator”, with extensive experience in strategic planning and quality processes.

Since 1983 he has been holding the position of CEO of IP Arquitectos, in which both Projects and Construction Management and Renovation Works have been developed, as well as Urban Planning, an activity that he has maintained until his appointment (January 2017) as General Director for Territorial Planning, Urbanism and Urban Regeneration in the Basque Government.

In recent years, he has been part of the Renovation Working Group (GTR) in which has coordinated the working group with the autonomous communities and he is co-authored of the "Diagnosis on the state of renovation in the CCAA: Lights and shadows of a sector that does not start "(2016).

Winner of several competitions, the most relevant prize is the first awarded in 2011 to the Department of Housing by the "Division for Public Administration and Development Management (DPADM)", of the UN Department of Economic and Social Affairs (UNDESA) for the process of public participation in the development and concretion of the Social Pact for the Housing of Euskadi and the Draft Law of Housing of the Basque Country.



SÉRGIO MANSO PINHEIRO, has a degree in Geography and Regional Planning (Human Geography) (1998) and a post-graduation in Human Geography, Regional and Local Planning (1999) from the Faculty of Letters of the University of Lisbon and a MSc in Land Management and Urban Planning, by the Institute of Geography and Territorial Planning of the University of Lisbon (2016). He is currently head of the Transport and Mobility Systems Management and Planning Department, at the Metropolitan Area of Lisbon (since 2016).



CATARINA MARCELINO, has a degree in Geography and Regional Planning and a post-graduation in Land Management, from the Faculty of Social and Human Sciences of the New University of Lisbon (1997). She was on the Institute of Mobility and Transport from 1999 to 2016 where she accomplished the Portuguese and European politics on urban mobility planning, accessibility, soft modes, road safety, ITS/ information. Since June 2016 she is responsible for the Planning and Coordination Division of the Transport Department at the Lisbon Metropolitan Area of who became a transport authority at that time.



JOSEPH AZEVEDO, Senior Technician, responsible for the Cultural, Social and International Affairs at the Lisbon Metropolitan Area, has a Master's degree in heritage studies (UA), postgraduate studies in municipal management (Universidade Aberta), degree in modern languages and literature (UA/Universidade de Coimbra). Responsible for working groups in the Lisbon Metropolitan Area in the areas of youth, sport and education. Responsible for monitoring the management and organization of several protocols established between the Lisbon Metropolitan Area and several national and international entities. Was responsible for coordinating the communication of the DELTANET International Project.



HENK BOUWMAN, is Secretary General of METREX, the Network for European Metropolitan Regions and Areas, with 47 member organisations from all over Europe. Since his appointment in 2016 he has been building out the network and he has been instrumental in developing new METREX focus groups and portals to reach out beyond the network. The metropolitan dimension is the common thread in his work. Henk Bouwman has established in 1998 his own urbanism practice UiP urban producers that specialised in how cities can maximise socio-economic benefits from rail-infrastructure. The practice is based in London and Lyon. Henk is educated at the University of Technology in Delft and holds a master's degree in Architecture and Urbanism. Henk has held a number of academic posts.



SANDEEP SHINGADIA, is Director of Development and Delivery at Transport for West Midlands (TfWM) and is responsible for a number of key transport programmes including the HS2 Connectivity Package, Sprint Bus Rapid Transit and Cycling and Walking Infrastructure. He is a member of TfWM's Leadership Board and is also a board director for Colmore Business Improvement District.

With over 20 years' experience in the transport sector, Sandeep is a passionate and knowledgeable transport professional with skills in strategy, economic appraisal, scheme development, sustainable transport and programme management.

Sandeep has a degree in Town Planning with a specialism in transport and is a chartered member of the Institute of Logistics and Transport.



CARMO TOVAR, works in Metropolitan Area of Porto in Mobility Planning and Management Division. She is working in several European Projects in the field of metropolitan mobility, namely SMART-MR (Interreg Europe), Data4PT (CEF Call), C-Streets (CEF call), Smartees (H2020), GreenCharge (H2020), Riconnet (Urbact). With them the Metropolitan Area of Porto intend to study and implement new approaches to the urban mobility. She is also involved in the implementation of the “Simplification and reduction of public transport prices” financed by the Environment Fund and, whenever the opportunity arises, she is working with stakeholders to present new projects to European Funds.

Until December 2015, she was the Director of Primus, regional development agency (RDA) of the Porto region. She worked there since 1998 in the management of European and National projects aiming to promote regional development.

She holds a degree in Management from the University of Beira Interior and after that has taken training in “Management in the Social Sector” and started to work freelance in European Projects in the fields of social inclusion and entrepreneurship with different social organizations until she was invited to work in PRIMUS.

In 2003 she concluded a post-graduation in “Projects Management in Partnership” in the University of Coimbra. She is also a Qualified Trainer (since 1997) and a Benchmarking National Consultant (since 2006).